

Recomendações para viajantes com destino a Cabo Verde

A rede europeia de profissionais de medicina de viagens, em colaboração com o Centro Nacional de Saúde de Viagens do Reino Unido - *National Travel Health Network and Centre* (NaTHNaC) publicou agora em setembro, através do website internacional (<https://travelhealthpro.org.uk/country/43/cape-verde#Malaria>) as seguintes recomendações:

Update September 2017:

There is a very low risk of malaria on the Island of Santiago (Sao Tiago) except in the city of Praia where the risk has risen to low due to a recent outbreak of malaria: awareness of risk and bite avoidance recommended, (see outbreak section for more details).

Travellers to the city of Praia who are at higher risk of malaria (such as long term travellers), or of severe complications from malaria (e.g. pregnant women, infants and young children, the elderly, travellers who do not have a functioning spleen) should consider taking antimalarials to prevent malaria.

For these travellers atovaquone/proguanil OR doxycycline OR mefloquine are recommended.